



Faculty Orientation: Overview of UHV-I in Student Induction Program

For Faculty and Student Buddies who are Volunteering in SIP

Background

Students entering college today have come through intense academic pressure—entrance exams, coaching, competition—and often feel disconnected from social life, community, and even themselves.

Now that they are entering higher education, it's not just about acquiring knowledge in their chosen field. They need to evolve as well-rounded human beings with clarity about life, relationships, society, and the world.

That's why SIP was designed—to smooth this transition.

At the heart of SIP lies UHV-I.

The UHV-I Module

It encourages self-exploration:

1. Every student can reach to their full potential as a human being... live a fulfilling life of continuous happiness with prosperity
2. For this, we have to understand
 - Ourselves (our aspirations, concerns...), other people, other things around with which we interact...
 - Our relationships, our participation – with oneself, with other people, in society, in the entire nature/existence
3. It is possible to understand – because
 - The need to understand is innate in every human being and
 - The potential to understand is intrinsic to human being
 - The things essential to understand are definite
4. We only place some proposals before the student; S(he) self-explores – verifies on the basis of natural acceptance and experientially validates in living...

UHV is an exploration into it, so that the student can discover their full human potential, develop a holistic plan for realising it and take steps towards it

It has been seen that UHV-I helps to

1. see the need for developing a holistic, humane world-vision
2. sensitise the student about the scope of life
 - individual human being
 - family (inter-personal relationship)
 - society
 - nature/existence
3. Strengthen self-exploration
4. develop more confidence and commitment to understand, learn, and act accordingly

Now let's look into the 15 modules



UHV-I

An Orientation to Universal Human Values

Understanding My Full Human Potential

UHV-I: An Orientation to Universal Human Values (Understanding the Full Human Potential)

Session	Title	Underlying Reality
Ind 1	Introduction Welcome, course overview, getting to know each other	
Ind 2	Exploring our aspirations and concerns Planning for a fulfilling life by relating academic success, career... expectations of family, peers... to our basic aspiration...	Basic human aspiration Being vs doing
Ind 3	Basic human aspiration and its fulfilment Setting correct priorities in life	Human consciousness Prioritising right understanding, relationship, physical facility
Ind 4	Program for fulfilment of basic human aspiration Shifting from excitement to happiness...	Understanding harmony Happiness and prosperity
Ind 5	Fulfilment of aspirations at individual level Distinguishing between the needs of Self and Body	Harmony in human being
Ind 6	Resolution of concerns at individual level Developing self-confidence, overcoming peer pressure	Harmony in the Self 3 sources of imagination
Ind 7	Ensuring health holistically Making a definite program for health	Harmony between Self and Body

UHV-I: An Orientation to Universal Human Values (Understanding the Full Human Potential)

Session	Title	Underlying Reality
Ind 8	Fulfilment in relationship – Trust Resolving anger, irritation, fear...	Harmony in family
Ind 9	Fulfilment in relationship – Trust Shifting from reaction to response in relationship...	Harmony in family
Ind 10	Fulfilment in relationship – Respect Shifting from differentiation to complementarity...	Harmony in family
Ind 11	Fulfilment in relationship – Other Feelings Shifting from competition to excellence, infatuation to love...	Harmony in family
Ind 12	Understanding our role in society Contributing towards fulfilment of a common human goal in the society (institution... state... nation... world)	Harmony in society
Ind 13	Understanding our role in nature Contributing towards harmony in nature	Harmony in nature/existence
Ind 14	Sum up and program	
Ind 15	Sharing, self-evaluation	

Programs Following UHV-I

UHV-I	15 Session Introduction to Universal Human Values (part of the Student Induction Program during initial 21 days)
Faculty Mentorship Program	One UHV faculty mentor (guardian, guide from same department) for every 20 newly joined students Weekly interaction Mentorship throughout period of study (e.g., 4 years for BTech)
Student Buddy Program	One senior student (elder sibling) for every 5 newly joined students Weekly interaction

UHV-I is intended to provide a glimpse of universal human values,
and help the student explore that going by human values leads to fulfilment of right aspirations and the resolution of concerns,
ultimately living with fulfilment (in all aspects of life)

Model Schedule for UHV-I FDP (to prepare faculty to teach UHV-I, Pre-req: UHV-Intro FDP)

Pre Session 8.30-9.00	Session 1 9.00-10.30	Session 2 11.00-12.30	Session 3 13.30-15.00	Session 4 15.15-16.45	Session 5 16.50-18.00
Inauguration	Ind 0: UHV-I Overview Ind 1: Introductions Ind 2: Exploring Aspirations and Concerns	Ind 3: Basic human aspiration and its fulfilment Ind 4: Program for fulfilment of basic human aspiration	Ind 5: Fulfilment of aspirations at individual level Ind 6: Resolution of concerns at individual level	Ind 7: Ensuring Health How to Share Values (from Mentor Manual)	Demo Presentations
Sharing, Q&A	Ind 8: Fulfilment in Relationship – Trust Shifting from Reaction to Response	Ind 9: Fulfilment in Relationship – Respect Ind 10: Shifting from Competition to Excellence	Demo Presentations	Ind 11: Fulfilment in Relationship – Gratitude... Love	Demo Presentations
Sharing, Q&A	Ind 12: Understanding Role in Society	Ind 13: Role in the Natural Environment Ind 14: Sum-up & Future Program	Demo Presentations	Ind 15: Self-evaluation	Valedictory Function



How to Conduct UHV-I

An Overview

15 sessions of 1 to 1.5 hours each

In the SIP, the main points we want to highlight are:

1. Every student has the possibility to reach to their full potential as a human being
2. For this, we have to understand
 - Ourselves (our aspirations, concerns...), other people, other things around with which we interact...
 - Our relationships – with oneself, with other people, other things around us...
3. It is possible to understand – because
 - The need to understand is innate in every human being and
 - The potential to understand is intrinsic to human being
 - The essential things to understand are definite
4. We will use a process of self-exploration for this... we simply have to pay attention, and explore into the proposals... Let the time in this institution be a time of intense and joyous exploration!

UHV is an exploration into it, so that the student can discover their full human potential, develop a holistic plan for realising it and take some steps towards it

For this we will try to

1. Discover our aspirations and articulate our concerns
2. We can slowly realise that
 - We all have the same basic aspirations
 - We have to understand to fulfil our aspirations
 - We all have some concerns, some problems, These can be different for different students
 - To resolve any problem or concern also, we need to understand
3. The process to understand is simply to pay attention. We can easily do that. We can understand, realise our aspirations and resolve our concerns
 - E.g, Find out if it is true that “whatever you have paid attention to has revealed itself to you”. E.g. maths seemed so difficult, but now you know it... because you paid attention to it
4. In this UHV module, we will go over this process at four levels
 - Individual, family, society and nature

Aspirations (what you want to achieve)

- Regarding self, as an individual
- About family, friends, other people
- Related to society, societal systems
- In the natural environment



Concerns (what you want to get rid of)

- Regarding self, as an individual
- About family, friends, other people
- Related to society, societal systems
- In the natural environment



Explore
Understand
Realise
Your Full Potential

uhv
Universal Human Values

General Guidelines

1. Conduct 15 sessions of 1.5 hours each in face-to-face mode in small groups of 20 students (only if not possible, use larger groups, shorter sessions or online mode)
2. Ensure that the guidelines (universal, rational, verifiable, leading to harmony)
3. Connect their real life, their aspirations and concerns with the basic reality (underlying harmony). This will help students to develop interest in understanding
4. Keep the discussion live, natural and interactive (not instructive, made-up, artificial...)
5. Propose, encourage exploration (not preach, try to convince, get students to “agree”...)
6. Have continuity from one session to another, overall (not independent unconnected...)
7. Prepare well
8. Note specific suggestions for refinement

More details in UHV-I Mentor Manual

English: https://www.youtube.com/watch?v=OgdNx0X923I&list=PLYwzG2fd7hzer-n_sVjmtFnuSs_Mph4Bi

Hindi: <https://www.youtube.com/watch?v=nBdLaFUlO8E&list=PLYwzG2fd7hzeSdsr3W9-8B6mFlx-FlsgB>



Resources for Preparing

Materials

1. UHV-I Presentations
2. UHV-I Mentor Manual
3. Surveys, Videos and Assignments
4. Recordings on YouTube
5. Reference Text Book and Teachers' Manual

Further Activities

1. Higher Level FDPs
2. Volunteering
3. Weekly RP Development Meetings
4. Weekly Mentor-Mentee Meetings
5. The Morning Session

Links

AICTE FDP-SI Website	https://fdp-si.aicte-india.org/
SIP YouTube Channel	https://www.youtube.com/@aicte-sip1598
UHV Website	https://www.uhv.org.in/
UHV Youtube Channel	https://www.youtube.com/@UniversalHumanValues

Presentations, Surveys and Assignments

<https://drive.google.com/drive/folders/1016XJBOvMgE1DqLW2pBsb2r6Izbtqzmu?usp=sharing>

Preparing to Share Values

<https://www.youtube.com/watch?v=vbvPkZ8X4d8&list=PLWDeKF97v9SOkLsFSULd2I6tQ4PRxyvRo>

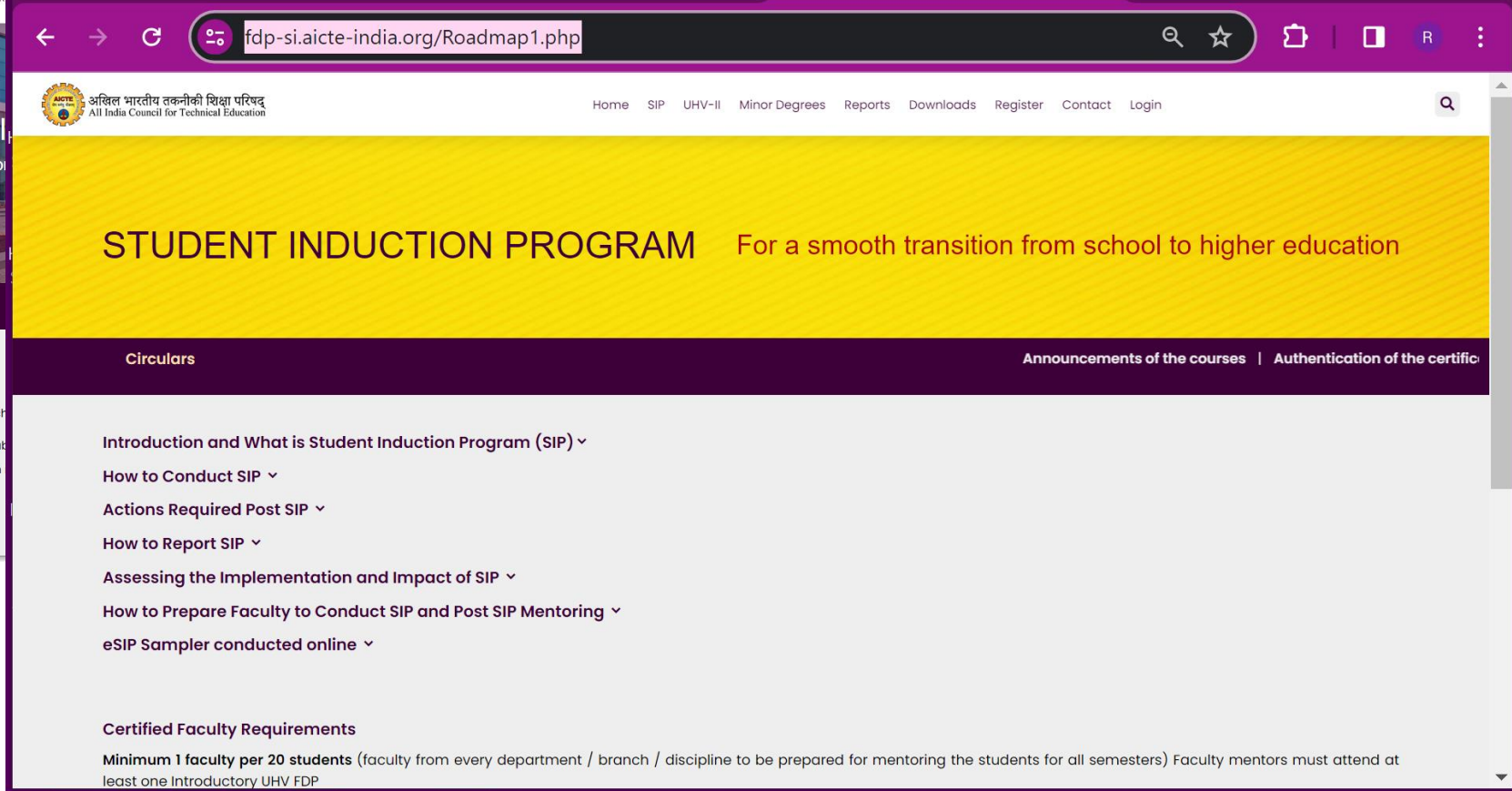
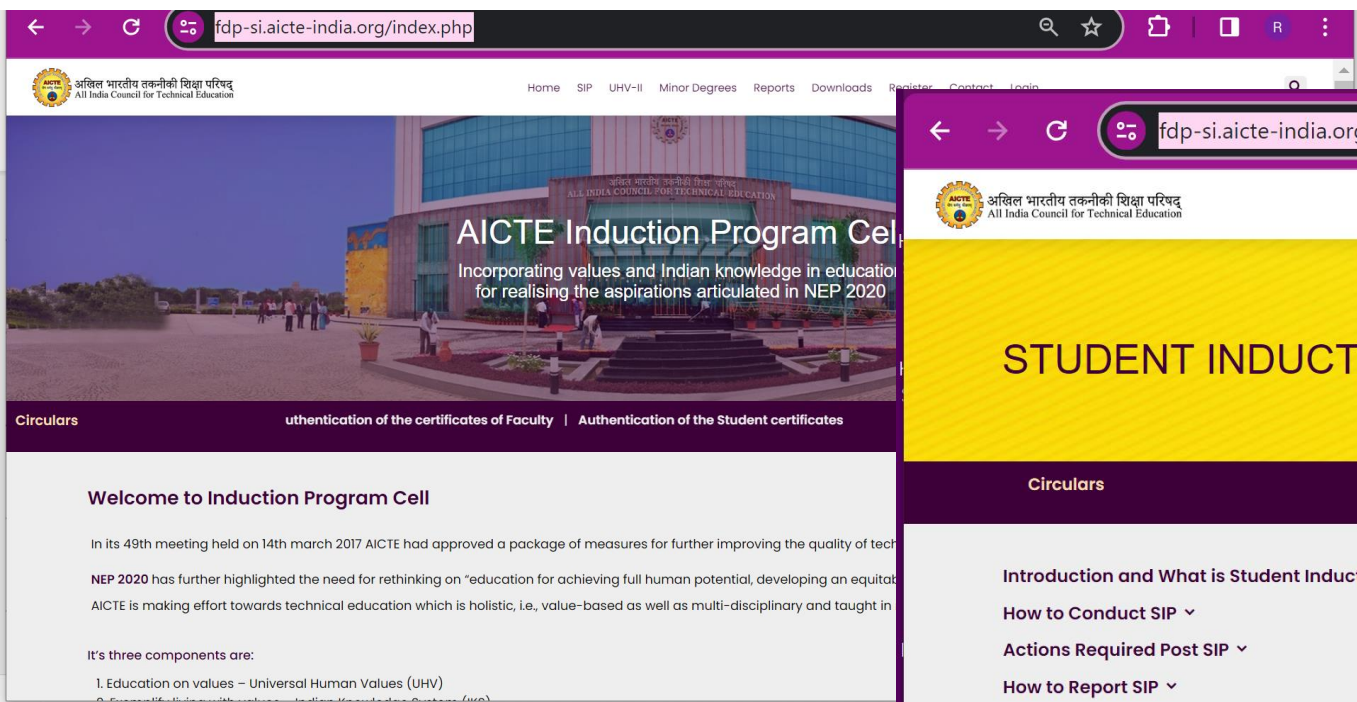
Hindi Recording

<https://www.youtube.com/watch?v=nBdLaFUIO8E&list=PLYwzG2fd7hzeSdsr3W9-8B6mFlx-FlsgB>

English Recording

https://www.youtube.com/watch?v=OgdNx0X923I&list=PLYwzG2fd7hzer-n_sVjmtFnuSs_Mph4Bi

Present AICTE FDP-SI Website



<https://fdp-si.aicte-india.org/index.php>



Circulars

etter to Universities & Colleges regarding Minor Degree in UHV | Proposal – Minor Degree in UHV | AICTE – Minor Degree in UHV | Letter to Univer

Introduction and What is Student Induction Program (SIP) ▾

How to Conduct SIP ▾

Actions Required Post SIP ▾

How to Report SIP ▾

Assessing the Implementation and Impact of SIP ▾

How to Prepare Faculty to Conduct SIP and Post SIP Mentoring ▾

eSIP Sampler conducted online ▾

Certified Faculty Requirements

Minimum 1 faculty per 20 students (faculty from every department / branch / discipline to be prepared for mentoring the students for all semesters) Faculty mentors must attend at least one Introductory UHV FDP

Minimum 1 faculty per 60 students (faculty from every department / branch / discipline to be prepared for teaching UHV-I Module of Student Induction Program. A minimum of 2 faculty per institution/college must be prepared)

Faculty teaching UHV-I must attend at least one online UHV-II FDP

Pre-requisites: at least one Introductory UHV FDP



Student Induction Program

All India Council for Technical Education

AICTE FDP Website



AICTE-SIP

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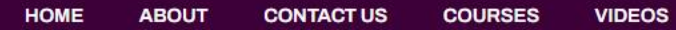
ABOUT



UHV Initiatives at AICTE 2022 Hindi

AICTE-SIP • 1.7K views • 11 months ago

1. AICTE has been making effort for value education and value-based education for value-based living since 2017. 2. NEP 2020 articulated this vision with great clarity "Education for full...



UNIVERSAL HUMAN VALUES IN EDUCATION

For all such great people, we have a deep feeling of gratitude."



← → ↺

youtube.com/@UniversalHumanValues/playlists

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